Antonio J. Bustillo, PhD., LMFT

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Academic History

Advanced Certification on Clinical Hypnosis for Irritable Bowel Syndrome (ABS).
American Society of Clinical Hypnosis (2012), Tampa, FL.

Certified in Brief Strategic Family Therapy (University of Miami, Dept. of Psychiatry) A two year training/research program applying Brief Strategic Family Therapy to adolescents' substance abusers in Puerto Rico (2004-2006)

Doctorate in School and Counseling Psychology Program (APA-accredited)
University of Massachusetts at Amherst
Comprehensive exams presented: Hypnotherapy with children: A review of its current state.
Dissertation research: Parental expenctancies and correlates of hypnotic and nonhypnotic suggestibility in a sample of Puerto Rican children (Spring 2003)

Certificate of Advanced Graduate Study Candidate (CAGS), Family Therapy Program (APA-Accredited)
University of Massachusetts at Amherst
Degree and Certification Requirements Completed: May 1997

Master of Arts, Counseling Psychology Program
Inter-American University at San Juan, P.R. December 1988
Concentration: Counseling Psychology
Thesis Research Project: Suicide Ideas and Attempts: An Exploratory Pilot Study of Suicide Behavior among College Students

Bachelor of Arts Degree, Social Science
University of Puerto Rico at Rio Piedras, May 1984
Concentration: Psychology

License and certifications

2007 Certified in Escala IRSA for assessment for risk factors of suicide behavior on children and adolescents

2005	Certified in Brief Strategic Family Therapy. Center for Family Studies, School of Medicine, Dept. of Psychiatry, University of Miami
1997	Massachusetts License as a Marriage and Family Therapist Lic.# 1141
1989	Permanent license as a Clinical Psychologist in Puerto Rico. Department of Health, San Juan, P.R. Lic.#1205

Proffesional Afiliations

2008	International Family Therapy Association
2006	International Association of Therapy and Counseling (IATC)
2005	Asociación Puertorriqueña de Terapia de Familia y Parejas
2005	Asociación de Psicólogos Escolares de Puerto Rico
1996	Massachusetts Society for the Prevention of Cruelty in Children (MSPCC)

Training in Clinical Hypnosis and Family Therapy

Inter American University (1986)
Caribbean Center for Advance Studies (1988 /1989)
Stephen R. Lankton, MSW (1988 & 1993)
The Milton H. Erickson Foundation (1990, 1991)
University of Massachusetts (1994)
The Milton H. Erickson Institute of Boston (1994, 1995, 1996)
The University of Connecticut (1997)
Michele Ritterman / New York Milton H. Erickson Society for Psychotherapy and Hypnosis (2005)
The Milton H. Erickson Foundation, Advance Training (2007)
American Society of Clinical Hypnosis (2008, 2012)
Society for Clinical and Experimental Hypnosis (2010)
American Association of Marriage and Family Therapy (2011)

Specialty Areas

Clinical Hypnosis
Marriage and Family Therapy
Brief Strategic Family Therapy with Adolescent Substance Abuser
Eye Movement Desensitization and Reprocessing (EMDR)
Psychological and Family Assessment
Brief Therapy with Victims of Natural Disasters
School-community based assessment and interventions with children
Suicide prevention and intervention with children, adolescents and young adults.

Special Interests

Brief Therapy and the Dynamics of Problem-Solving
Hypnotherapy with families, couples and children

Interpersonal Diagnosis of Personality
Adolescents Substance Abuse from a Family Therapy perspective

Clinical Experience

2000-present **Private practice:** School and Counselling Psychologist, Marriage and Family Therapist. Clinical and sport hypnosis. Pain management, EMDR. General practice with children, adolescents, couples and families.

2001-2006 **Psychologist, Marriage and Family Therapist:** Outpatient clinic at Centro de Salud Mental de Bayamón.

2004-2006 **Expert assessment & family therapy.** Clínica de Servicios Legales, Facultad Eugenio María de Hostos, Mayagüez.

1999-2000 **PhD Intern / psychologist and family therapist:** Clínica de niños, adolescentes y familias. Salud Mental de la Capital, San Juan. External provision of individual therapy, couple and family. Development of models aimed at systems-psycho-educational for the prevention of violence in the Community (full-time position) Supervisor: Henry Gelpi, Ph.D.

1997- **Family-School Project Coordinator** Resource Project, 1999 University of Massachusetts, Amherst, MA.

Responsible for the development and implementation of services that build and strengthen family-school activities Association. Activities provide school consultation, direct intervention with students (e.g. advice, references), activities based on the work in the classroom of class, organization and planning of school community events like; evening of family narratives, and preparation of presentations for the reduction of stress, child development workshops (10 hours per week, 300 hours per academic year, 1 hour a week of supervision). Supervisor: Janine Roberts, Ed.D, U.Mass. Faculty

1996- **Psychotherapist / family therapist**,*River Valley Counseling Center Holyoke,MA*

1999 Involvement in all aspects related to outpatient and mental health in the community and school organization. Diagnoses, referrals, individual and therapy partner and consulting with schools and community agencies (Department of social services). Providing short and long-term oriented therapy for children and adults for problem solving and social-community adjustment at ambulatory level. Provide play therapy for children and group therapy for adults. Conduct individual assessments and evaluations of family and ecological diagnosis and treatment planning. Carry out crisis intervention, consulting agencies of social and educational service, evaluations of admission (intake), DSM-IV diagnoses, case management, and administrative services. Co-therapist for a anger management therapy group for adults Latino men.
Supervisors: Nancy Knudsen, M.Ed., LMFT, Leticia Muñoz, Psy.D.

1994-95 **Psicotherapist**, Massachusetts Society for the Prevention of Cruelty to Children, Holyoke, MA.
Supervisor: Gonzalo Bacigalupe, Ed.D., LMFT

1993-95 **Psicotherapist**, School Street Counseling Institute, Springfield, MA.

Involved in all the aspects related with outpatient and Community Mental Health Organizations. Diagnosis, referral, family therapy, individual and couples therapy. Consulting with schools and community agencies. Provision of culturally sensitive therapy for short and long term to children and adults in three areas: home visits, outpatient clinics and school scenarios. Carry out diagnostic evaluations as well as appropriate treatment plans. Crisis intervention consultation to educational and social services agencies, assessments for admission to services, DSM-IV diagnoses, case management and administrative services. Provision of in-service training for clinicians in the field of Clinical Hypnosis.
Supervisors: José Pons, Ph.D., and W. Sydney Stern, Ed.D.

Workshops teaching and Academic Experience

2013	**Presenter:** The 2013 International Online Conference "Putting Erickson into Action" The Milton H. Erickson Institute of Tasmania, Australia**.**
2013	**Presenter: "**The use of Hypnotic Phenomena for Test Anxiety: Brief Ericksonian Solutions at work". 55th American Society of Clinical Hypnosis (ASCH) Annual Scientific Meeting and Workshops. Louisville, KY.
2012	**Trainer** in Clinical Hypnosis Certification for Asociacion de Psicologia de Puerto Rico (APPR)
2012	**Presenter:** The International Online Conference " Ericksonian Approaches to Psychotherapy. The Milton H. Erickson Institute of Tasmania, Australia.
2011	**Presenter: "**The use of Hypnotic Phenomena for Test Anxiety: Brief Ericksonian Solutions at work". 11th International Congress on Ericksonian Hypnosis and Psychotherapy, Phoenix, AZ.
2010	**Presenter** 61st Annual Workshop and Scientific Program (Boston, MA). Parental Expectancies of Correlates of Hypnotic and Non-Hypnotic Suggestibility in a Sample of Puerto Rican Children.
2009	**Presenter** XIX Congress of the International Society of Hypnosis (Rome, Italy). Presenting a workshop; Mind and Body in Family Hypnotherapy.
2007-present	**Senior Clinical Trainer in Family Therapy,** Centro de Consejería Buen Pastor, Caguas, Puerto Rico.
2006 - 2009	**Full Time Faculty,** Graduate School of Psychology (Counseling Psych. Program), Universidad del Turabo, Caguas, Puerto Rico
2006 - 2011	**Training Director,** Gaviota Institute for Professional Training. Clinical Hypnosis Program/Family Therapy Program (professor) www.gaviotaonline.com
2006-present	**Doctoral dissertation committee,** Graduate School of Counseling Psychology Inter American University, San Juan, PR.

9/96-2001 **Adjunct Faculty**, Graduate School of Public Health, Continuing Education Program, University of Puerto Rico School of Medicine, *Rio Piedras*, PR. Trainings in clinical hypnosis to health professionals: Psychologists, Psychiatrists, Social Workers, General Physicians and medical students/interns as well. Training titles: 1) Fundamentals of Clinical Hypnosis (basic level), 2) Advanced Uses of Hypnosis (intermediate level), 3) The Use of Metaphors in Hypnotherapy (advanced level), and 4) Self-Hypnosis.
5)Training in Family Violence and Family Therapy for the transgressor Adolescent

9/97-6/99 **Adjunct Faculty**, Graduate Counseling Psychology Program, Cambridge College, Springfield, MA. Course Titles: 1) Clinical Hypnosis (a brief seminar) and 2) Counseling Techniques with Multi-Problem Families.

2006 **Presenter**: "Uses of Hypnosis in Family and Couples Therapy". Annual conference, Asociacion de Consejeros de Puerto Rico. San Juan, PR.

2006 **Presenter**: "The uses of hypnosis in clinical practice with children and adolescents". Annual conference, Asociación de Trabajadores Sociales de la Asociacion de Maestros de Puerto Rico. San Juan, PR.

2006 **Presenter**, Universidad del Turabo, Caguas, Puerto Rico. A lecture on Adolescentes embarazadas; Reflexiones de un Terapeuta de Familia.

2006 **Conference,** 2nd International Congress on Conflict Mediation, San Juan, PR. A conference on issues of process and content in the mediation scenario.

2006 **Conference**, Guaynabo City Hall. Two conferences on Dealing with family and domestic violence.

2006 **Workshop-conference,** Colegio de Abogados de Puerto Rico. A workshop for judges and lawyers on the Parental Alienation Syndrome.

2006 **Workshop-conference,** Colegio de Abogados de Puerto Rico. A workshop on language patterns and suggestion in conflict mediation process.

2005 **Presenter**: "Therapy with adolescents at risk". Centro de Salud Mental de Bayamón, PR.

2005-2008 **Adjunct Faculty**, Universidad Central del Caribe, Bayamón, Puerto Rico. Trainer in Brief Strategic Family Therapy.

2004 **Conference: "**Working with Adolescents transgressors; a family therapy approach". 1st Congress on Conflict Mediation, San Juan, PR.

2004 **Presenter and trainer** in clinical hypnosis at the 3rd Caribbean Congress on Therapeutic Hypnosis of the Sociedad Caribena de Hipnosis terapeutica/Hipnocaribe (San Juan, PR). Presentations on 1) The use of metaphors in clinical hypnosis, 2) Hypnoterapy with couples, 3) The use of hypnosis in family violence, 4) Ericksonian hypnosis with substance abusers.

2004 **Presenter**: "Muerte a la Mitologia, los verdaderos usos de la hypnosis clinica". 3rd Psychology Congress at Inter American University (San Juan, PR)

2004 **Faculty**,the 9th International Congress on Ericksonian Hypnosis and Hypnotherapy (Phoenix, AZ). Presenting a workshop, Playing with Hypnosis; Brief Ericksonian Hypnotherapy with children and their families.

2004 **Conference**, Carlos Albizu University. Introduction to Brief Strategic Family Therapy.

2002 **Presenter,** at Carlos Albizu University. A two day training workshop on Clinial Hypnosis at Graduate/Professional level.l

6/97 **Invited Trainer,** Department of Family Medicine, Ponce School of Medicine. Training in Clinical Hypnosis at the introductory and intermediate levels to faculty and students/interns of family medicine. Training titles: 1) Fundamentals of Clinical Hypnosis (2 intensive days beginning level), 2) Advanced Uses of Hypnosis (two days intensive workshop)

Publications

Reig, I., Capafons, A., Bayot, A., & Bustillo, A., (2001) Suggestion and Degree of Pleasantness Rapid Self-Hypnosis and its Abbreviated Variant. Australian Journal of Clinical and Experimental Hypnosis, Vol. 29, No. 2, 152-164.